



• DISCOVER NZ

Aotearoa Orientation

10 Day Cultural Program

An welcoming & engaging cultural journey and unique New Zealand experience.

Head to **www.expednz.com** to find out more.

Programme delivered by ExpedNZ for Outdoor Education NZ



**Outdoor
Education**
New Zealand

Aotearoa Orientation

Nau mai, Haere Mai - Welcome to Aotearoa - New Zealand. Experience and learn about Aotearoa through this unique, immersive cultural orientation program.

Students will learn about Te Ao Māori (the Māori world), take part in exciting adventures along the way, meet our wild life locals all whilst getting to know and experience New Zealand's stunning wilderness areas.

*Additional activities outside of the program are not included in the cost.

Note: Itinerary order and activities could change due to weather or logistical factors.

Available to:	16 - 18yr old International Students
Duration:	10 Day program
Activities:	Camping, walking, active group exploration
Location:	South Island of New Zealand, starting & finishing in Nelson
Cost:*	\$(NZ) 2000pp
Dates:	Programs are offered in NZ school holiday breaks. Refer to our website for upcoming dates.

10 Day Cultural Program



Marae Stay: 2 Days

Students will experience and immerse themselves in the culture of New Zealand's indigenous people whilst staying on a local Marae (meeting house) and taking part in a powhiri (traditional welcoming ceremony). Whilst at the Marae students will have the opportunity to take part in a range of cultural workshops. These include; learning the art of mau rākau (martial art with sticks); singing waiata (traditional songs); preparing and sharing traditional kai (food); and learning the tikanga (protocols) and Māori approaches to family, the environment and wellbeing.



Moana (Sea) Journey: 4 Days

Our region is world famous for the beautiful Abel Tasman National Park. Discover the coastal wonders and sites of cultural significance by waka - a traditional Māori canoe. Students will learn about the marine and bird life in their natural environment. In the evening around the camp fire students will share stories, myths and legends from around the world. New Zealand is one of the best places in the world to experience an uninterrupted view of the stars. Under a blanket of stars students will be introduced to Māori celestial sea navigation techniques.



Whenua (Land) Journey: 4 Days

Take time to explore New Zealand's stunning wilderness from a cultural perspective. Students will take part in an adventurous journey through stunning native forest and National Park wilderness areas, discovering medicinal and traditional use of plants along the way. Students will learn about the cultural and environmental significance of each place and the kaitiakitanga (guardianship) strategies to protect and care for our environment.

Programme delivered by